

SEL NEWS

THE MONTHLY NEWSLETTER OF
THE Q300 GUIDANCE AND SOCIAL WORK TEAM



A MESSAGE FROM THE COUNSELORS AND SOCIAL WORKER

Respect for all Week will launch on Feb 5th and continue from February 8th to February 11th. This year our conversation is about Respect, Acceptance and Diversity.

The RFA program was launched in 2007 to build the capacity of staff and students to actively promote a community of inclusion in each of our schools.

The importance of promoting respect for diversity in our daily practice is vital to creating and sustaining an inclusive school climate and culture in each of our schools so that all students feel valued, supported and safe.

In grades K-4, we will build on the lessons of the past months on bullying awareness, kindness and respect, diversity and acceptance. In grades K-2, lessons will focus on learning to speak out, work together and be an ally. In grades 3-4 students will focus on learning to be an upstander in challenging situations. In grades 5-8 we will focus on our students' digital citizenship. The students will learn about their digital footprint and how their actions are reflected online.

Black History Month

Students in grades K-8 will also be observing Black History Month. Each day students will learn about a different figure in Black History. Sonita is sharing an interactive calendar that families can use for discussion at home.

In the Lower Division, we will continue the conversation in Morning Meetings and classroom SEL with discussions and read-alouds that reflect on family, culture, community and achievements in African-American life. Upper Division Advisory lessons will focus on learning about Black History.

Lunar New Year

Students will also be learning about Lunar New Year via classroom activities in the coming weeks. Check your teacher newsletter to learn more.

Best regards,

Ms. Christine, Mr. Khary and Ms. Rachel

FEBRUARY PARENT RESOURCES

Time Management Webinar:

Primarily for middle school students but open to all, is a [free webinar](#) on time management and executive functioning taking place virtually in February

Parenting in Place Master Class

Winter Series:

This is not free, but it is a [great webinar series](#) for parents at all stages. Each week in the series is different with an interesting and diverse group of speakers and topics. Webinars can be viewed asynchronously. The fee includes a download of additional resources.



PARENT RESOURCES FOR BLACK HISTORY MONTH AND LUNAR NEW YEAR

- On February 6 at 1:00 p.m. join a free Zoom conference for Black History Month. [Men of Change](#), which features the vibrant stories of more than two dozen African American male leaders, will create a stunning visual presence of Black male positivity along ordinary pedestrian walkways at a time when optimism and inspiration is needed.
- On Thursday, February 18 at 7:00 p.m. the Library of Congress hosts [Giants of Racial Justice](#), a book talk where Peniel E. Joseph (*The Sword and the Shield*) and Tamara Payne (*The Dead Are Arising*) will discuss their books on Malcolm X and Martin Luther King, Jr. with NPR TV Critic Eric Deggans.
- View a collection of [Black History artifacts](#) from the Smithsonian Institution's Learning Labs.
- Learn about the lives of [44 influential Black Americans](#).
- Additional biographies can be found [here](#).
- Check out a collection of [children's books](#) on Lunar New Year.
- Search out the best Lunar New Year [family celebration ideas](#) in NYC.